

# Connect With Young People In Your Community!

TheirCare warmly invites you to participate in our innovative program called Generation Connection.







This intergenerational program will connect older adults with children and young people for three days each school holiday period to share and engage in fun activities such as gardening, cooking, adventures in the community and more!

There is no cost to participate and we can assist with transportation to and from the activities.

To learn more or to register your interest, go to www.theircare.com.au/generation-connection





## Program Schedule Summer 2024

## Berowra Public School



#### 2 Hillcrest Road, Berowra NSW 2081



0457 755 745

Drive down Hillcrest Road and you will see the school, main entrance on your right. Enter via the gate and walk straight ahead to the veranda where the service is located.

**TUES** 

9

JAN 2024



#### Billy Carts & Cooking

**Location** Berowra Public School

2 Hillcrest Road, Berowra NSW 2081

Start Time: 10:00 AM End Time: 1:30 PM

On this Generation Connection Day, our older adult friends will visit us at our TheirCare service! Together we'll build and race Billy Carts and engage in delicious cooking activities and Cookie Decoration!

**TUES** 

16

JAN 2024



#### Dancing Around the World

**Location** Berowra Public School

2 Hillcrest Road, Berowra NSW 2081

Start Time: 10:00 AM End Time: 1:30 PM

On this Generation Connection Day, we will join our older adult friends to experience music, dance, world games and a fun silent disco filled with music from around the globe. Special Guests: Silent Disco

**TUES** 

23

JAN 2024



#### Sydney Cricket Ground

**Location** Sydney Cricket Ground

Driver Ave, Moore Park NSW 2021

Start Time: 10:00 AM End Time: 1:30 PM

Join us on an epic tour of Sydney Cricket Ground! Dive deep into its rich history, marvel at its architecture, and step onto the field where legends play.

Join in the fun by contacting generationconnection@theircare.com.au!

An innovative program brought to you by





#### Who is TheirCare?

We provide amazing Outside of School Hours Care (OSHC) services for primary school children in partnership with schools in your community. We go above and beyond for the communities we serve... because we care. This dedication to continual improvement sets us apart as we strive to exceed expectations and provide an exceptional experience for children in our care.

#### **What is Generation Connection?**

Inspired by the hit ABC TV show Old People's Home for Four-Year-Olds, we have been fortunate to receive funding through the government to facilitate our very own intergenerational program. Our goal is to build meaningful connections between young and older people in the community, which supports participants' social and emotional well-being.

We are members of the Australian Institute of Intergenerational Practice, and our staff are currently undergoing training in planning for and delivering intergenerational programs and look forward to welcoming you into our program.

#### How can this program benefit you?

We hope the program with bring many benefits to all participants. We anticipate that the older adults' wellbeing will increase through the sharing of knowledge and skills, that there's also an increase in confidence and joy and a reduction of social isolation through the connection with the children and young people in the community. The program will be such fun!

#### How do I participate?

Returning Friends: If you had fun with us during our September/October Holiday Program period and

> would love to take part again, simply inform us of the dates you wish to join us on and any additional requirements such as transportation needs. We will add you to the list

so the service knows that you are coming. There is no need to fill in a new

registration form.

**New Friends:** It's never too late to have fun! To join in, simply complete an expression of

interest/contact information form, available on our website at

www.theircare.com.au/generation-connection. We will then reach out to you with the

next steps.



## Frequently Asked Questions

#### Who will be running the program at the service?

Our team of Outside School Hours Care educators will be leading the program at the service. These skilled and valued educators undergo training, screening, and professional development in line with the highly regulated sector which we operate in. They will often be studying towards a teaching degree and will have completed first aid certifications, child protection awareness training and have a current Working with Children Check.



#### How many children will be participating in the program?

We have sought advice from experts while establishing the program who have recommended a group size of approximately 20-30 children.

#### How much does this program cost?

We have been fortunate to receive support from the Department of Education, NSW for our Generation Connection program, so your involvement (activities, transportation etc) will not cost anything.



## Can Generation Connection provide transportation to and from the experiences?

For participants who require assistance with transportation to and from the program or experiences, we can provide transportation from your home or a designated location at no out of pocket costs. Simply note this on your participant information sheet or advise our office and we will look after the booking for you.

#### Do I need to participate every day?

To develop a strong bond with the children and service, it would be great for participants to join us on all program days; however, we understand that people lead busy lives and may have other appointments or engagements, so there is no obligation to participate every day.

If at any time you find that this program is not for you and wish to withdraw, please let us know.







#### What do I need to bring?

Please ensure you are wearing appropriate clothing and footwear for having fun participating in the activities scheduled.

We will provide some refreshments during the program, however, you are welcome to bring a lunch or snack with you. Due to the risk of anaphylaxis reactions for children and other participants, we ask that no nut products be brought into the program.

Should you require any special equipment or medication, please pack this too.

#### How do you plan for specific needs?

We pride ourselves on providing inclusive services to the community so we will try to accommodate any specific needs as best as we can. It will help us if you can note these needs on the participant information sheet so we can plan or reach out for more information.

As we work in partnership with and operate out of schools, our facilities should be easily accessible.

### What is the study with Griffith University?

We are excited to be partnering with Griffith University to undertake a peer-reviewed study of our intergenerational practice program.

Generation Connection is one of the first larger projects focused on the connections between middle childhood (primary school) aged children and older adults in the community, and the benefits to participants and society.

This study is designed to gather information about participant's experiences with as little burden as possible. Griffith University will collect the following details:

- Deidentified demographic data, such as age, location and level of participation;
- Observations from educators during the program;
- Surveys before, during and after the study; and
- An invitation to participate in a focus group to talk about your experience.

Participation is voluntary. Choosing to take part will help collect valuable information about the benefits of this type of program both at a local, national and international level. Consent forms will be distributed to you prior to the start of the program.





#### How can we keep in touch with the service during the school term?

To continue the connection built between the children and yourself, the team at the service will be looking to incorporate additional activities such as a pen pals program and remote/online activities (e.g. storytelling, games etc.). You are welcome to participate in these activities – keep an eye out for information provided by the service Coordinator.

In addition, if you have any special skills which you would like to share with the team, such as cooking, knitting, crafts etc., you are welcome to join us at the service – the children love special guests!

#### Who do I contact if I have questions?

Additional FAQs and an introduction video can be found on our website at www.theircare.com.au/generation-connection.

If you have any further questions you can reach out to your local organisation, the service where the program is being run at or

Email: generationconnection@theircare.com.au

Phone: 1300 072 410







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## **Expression of Interest**

Please complete the details below so we can reach out to you with additional information about the Generation Connection program at **Berowra Public School** and return it to generationconnection@theircare.com.au.

First Name: 		
Last Name: 		
Mailing Address:		
Contact Number:		
Email Address:		
Best Way to Contac	ct You:	
<b>Email</b>	Mail	Phone